



### Outdoor Fall Safety



Berries can be attractive to small children. Make sure you know the names of the plants growing in your yard, and teach children to never pick or eat berries they find.



Fall brings mushrooms to many yards, but remember that only an expert can determine which mushrooms are safe to eat. Even a few bites of certain mushrooms can cause serious illness and even death.

If someone eats a wild berry or mushroom, if possible, take a picture of it (including leaves of the plant/bush) using a digital camera or phone. Then call the poison control center. The poison specialist will instruct you how to email the picture so that common plants and mushrooms can be identified and treatment can be planned.

### Halloween Safety

#### Treats

Encourage children to wait to eat their treats until you return home. Check all treats and discard any that have become unwrapped. Enjoy homemade treats only from people you know and trust.

#### Glow Sticks and Glow Jewelry

Glow sticks and glow jewelry are very popular on Halloween, but children can bite or break them, releasing the chemicals inside.

While the chemical inside these glowing items (dibutyl phthalate) is not considered poisonous, it can irritate the eyes, skin and mouth, causing stinging and burning that can be frightening to kids and parents. To remove the chemical and help relieve symptoms, wash the skin, rinse the mouth or flush the eyes with clean water for 15 minutes. Then call the poison control center with any questions.

To help prevent breakage and exposure to the liquid inside, do not allow children to chew on glow sticks or jewelry and discard used items.

#### Costumes

When choosing makeup to use for Halloween costumes, look for makeup that is non-toxic. Wash skin right away if a rash or other changes in the skin develop.

Store makeup up and away from children's reach. If any makeup is swallowed, call poison control and have the product container on hand so that we can best help to determine if any treatment is necessary.

## Travel Safety Tips

When visiting friends and relatives, remember that homes without children may have more poison hazards. Watch for medications, cosmetics and cleaners that may be accessible.

If children are visiting your home, visit our [home safety checklist](#) for tips about how to keep your little visitors safe from poison.

Most importantly, program the number for poison help in your cell phone, so that you can reach poison control no matter where you are **1-800-222-1222**.

Want more Halloween poison safety tips? Watch this short video.



## Carbon Monoxide

During the fall and winter, there are many opportunities to be exposed to carbon monoxide, a colorless, odorless, poisonous gas. Common causes of carbon monoxide poisoning include malfunctioning furnaces or fireplaces, as well as the misuse of gas-powered generators.

Keep your family safe from carbon monoxide poisoning by making sure there is a carbon monoxide detector on every level of your house and near every sleeping area.

If you suspect carbon monoxide, immediately move to fresh air and call your local fire department.

[Click here](#) for more information about carbon monoxide.

Kentucky Regional Poison Control Center  
PO Box 35070  
Louisville, KY 40232  
[www.krpsc.com](http://www.krpsc.com)

For poisoning information and emergencies: 1-800-222-1222

